# NV CHAPTER AAP 3<sup>RD</sup> ANNUAL PHYSICIAN WELLNESS RETREAT

## IMPROVISATION FOR HEALTH PROFESSIONALS APRIL 6<sup>TH</sup>, 2019

The time is upon us to prioritize self-care in order to better serve our patients, our families and our community as a whole. At our 2019 retreat, we will be learning how to become more flexible and adaptive in confidently responding to unexpected results in the clinic, in the hospital, and also in everyday life. Join us for a day of relaxing and recharging together as a chapter!

### **COST TO ATTEND**

- > NEVADA CHAPTER AAP MEMBERS: \$55
- AAP MEMBERS: \$80
- NON AAP MEMBERS: \$105
- > RESIDENTS AND STUDENTS: \$0 (FREE)

Questions? Email us! nevadachapteraap@gmail.com

#### **OBJECTIVES**

- Actively engage with patients through verbal communication, based on listening and reactive skills of improvisation.
- Learn to "let go" of expected outcome when it comes to emotionally demanding interactions in a medical environment. Improv teaches how to "successfully fail."

#### **AGENDA**

- 9:00 10:00 A.M. Registration, breakfast and chair massages
- 10:00 A.M. 12 NOON
  Improv workshop with Natalie Shipman &
  Ryan Neufeld of Vegas Theatre Hub
- ) 12:00 1:00 P.M.
  Chair massages and lunch

#### **EVENT LOCATION:**

Canyon Gate Country Club 2001 Canyon Gate Drive Las Vegas, NV 89117 702-363-0303

#### **ETHICS CME CREDIT**

This program provides 2 CME credit towards the Nevada State Board of Medical Examiners' requirement for continuing medical education credit in ethics, pain management, and/or addiction care.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of University of Nevada, Reno School of Medicine (UNR Med) and Renown Health. UNR Med is accredited by the ACCME to provide continuing medical education for physicians.

UNR Med designates this live activity for a maximum of *2 AMA*PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. UNR Med approves this program for 2 hour of nursing continuing education gradit



REGISTRATION IS DUE NO LATER THAN 3/30/19. THERE WILL BE NO ON-SITE REGISTRATION. EARLY REGISTRATION IS RECOMMENDED, AS SPACE IS LIMITED.

You may register and submit payment online at <a href="https://www.nevadaaap.org">www.nevadaaap.org</a>

Alternatively, paper checks may be made payable to: AAP Nevada Chapter, P.O. Box 15748, Las Vegas, NV 89114